

December 2011 Newsletter

Stephanie Morgan, Board President

The next Board Meeting is Monday, December 12th at 7pm at the MTM office. The BOD and staff met on a Saturday in November to set strategic goals for the organization for 2012. Many good ideas were shared and objectives and goals were set and assigned! In the coming weeks we will be looking for volunteers to staff our committees...more on that in the next newsletter.

Other exciting news from the Board...We have nominated Mother to Mother's Executive Director Linda Meyer for Culver's Hometown Hero Contest and we need your help AND YOUR VOTES!! Twenty finalists are selected based on the number of votes they receive and then one person is awarded the Grand Prize of \$5000 to use to further their mission (just think of all the good MtM could do with that \$\$!!). If you know Linda Meyer then you know that she gives of herself every day in so many ways to support mothers & families struggling with postpartum emotional difficulties. If you don't know her personally, be sure to read Linda Meyer's nomination outlining how she makes a significant difference in our community.

To vote, please visit <https://apps.facebook.com/hometownhalloffame/entries> to read the entry submitted by volunteer and board member Shelly Burnette. Click on recent or by selecting St. Charles, MO. ** Culvers requires that you have a facebook account and "like" them on your facebook page** Please tell all your facebook friends to vote for Linda so we can recognize all she does for Mother to Mother and families in our community!!

You can vote once per day everyday until Monday December 5 @ 4:59 pm Central Time...SO VOTE VOTE VOTE!!

Linda Meyer, Executive Director

Happy Holidays! 2012 will be here before we know it! Please remember all the ways to support Mother to Mother through shopping and dining this holiday season.

GoodSearch - www.goodsearch.com

GoodShop - www.goodshop.com

GoodDining - <http://www.gooddining.com>

Escrip - http://www.escrip.com/merchants/identity/schnucks/community_stl.jsp

Baking for Good - www.bakingforgood.com

Phone Volunteers

You are out there supporting some very ill moms and I want to let you know that these moms are so appreciative that they have you to talk with regarding their thoughts, feelings, bad days and good days. I know because they call me to let me know, we thank you so much for the time you give out of your day to help them, we appreciate you!

Congrats! To phone volunteer, Nancee Compton, who will be facilitating the Creve Coeur Support Group meetings.

Training

Board member, Shelley Burnette and I went to Springfield in late November to talk with a group of about 40 various community providers about the services of Mother to Mother, after that we met with the Springfield Community Partnership a coalition made up of doulas, hospital administrators, therapist, parent educators and other community providers involved in maternal health. We may have an opportunity to train some moms in their community as Mother to Mother phone volunteers, we hope to be able to make this happen!

Trivia Night

Thank you for a successful trivia night! We had a great time with the disco costume winners who looked very authentic, like they stepped out of the 70's! Fun was had by all with our raffles; the most popular being the liquor raffle and the lottery ticket raffle. Thanks to our winning table that donated their \$200 prize back to Mother to Mother. Everyone I spoke to thought the Richmond Heights Community Center was a great location, so we will hold it there again next year on Friday October 19, 2012!

Trivia Night does not exist without our committee members, volunteers, donors and attendees! Thanks to our emcee, Steve Nardoni, committee co-chairs, Maryann Nardoni, Shelley Burnette, and Geralyn Oldham, Volunteer Coordinator, Angela Borisch Staples and committee members, Stephanie Morgan, Samantha Meyer and Kelly Caul.

Thanks to our technical assistant, Matt Burnette who made sure all sound and screen set-up ran smoothly. Many thanks to our board members that contributed donations to the event and all the other folks that made donations and volunteered that evening to help us out. Final results will be coming in the first part of December

Look for pictures from Trivia Night coming soon to our photo gallery @ www.mothersupport.org

Fall Fundraising Letter

We sent out a little under 600 letters in last couple of weeks of weeks asking for a year end donation, we have had a great response so far of over \$700! Thank you so much for your generous donations! We depend on the generosity of individuals to continue to support the work of Mother to Mother. Please remember Mother to Mother as you make your year end donations. We appreciate all your help and support over the years, because of you we continue to be able to help many struggling moms and families!

News and Perinatal Mood Disorders

Postpartum Support International-Chat with the Experts

First Monday Chat for Dads, 8pm EST, facilitated by David Miller, MD, PhD

When: DECEMBER 5

Where: ONLINE

Wednesday Chat for Moms, December 7th, 12pm EST, facilitated by Helen Jones, PhD, RN, APN

When: DECEMBER 7

Where: ONLINE

Angela Borisch Staples, Director of Volunteers

Thank You:

* Thanks to the women that facilitated prenatal presentations last month - Jennifer Martin and GERALYN Oldham. It's such an important service to let mothers know we are here just in case they might need us. If you've ever thought about facilitating one of these presentations let me know! They generally take less than 15 minutes and are so helpful to pregnant women and their partners.

* Everyone that volunteered, donated items and/or attended our Trivia Night. It was a success - thanks to you!

Volunteer Opportunities:

* A very last minute request, but I'm in great need of a volunteer to do a prenatal class TOMORROW (Saturday, 12/3/11 - 11a) at St. Anthony's Hospital. If you're available, please call me at home.

* Our annual Mother's Day Luncheon is right around the corner and we are looking for volunteers to join our planning committee. If you've ever thought about getting your feet wet now is the time to jump in! Let me know if you're interested.

Kelly Caul, Baking for Good & California Pizza Kitchen Monthly FUNdraiser

Two FUN, EASY, and YUMMY ways to support Mother to Mother!

Baking for Good

A great GIFT idea for the holidays! Purchase delicious baked goods for you or as a gift! Every purchase of delicious, all-natural brownies and/or cookies includes a 15% DONATION to Mother to Mother. Baking for Good uses the finest all-natural, organic, local and seasonal ingredients to make its delectable treats, also offering dairy-free, gluten-free, and vegan options. Every purchase is baked fresh to order, wrapped in eco-friendly packaging and promptly delivered anywhere in the U.S. Customized gift boxes make great gifts for friends and family for any occasion.

Visit www.bakingforgood.com to place your order, and remember to select Mother to Mother at checkout!

Contact Kelly Caul at kkcaul@yahoo.com or 314.952.3199.

California Pizza Kitchen FUNdraising Event!

Mark it on your calendar that every FIRST THURSDAY OF EVERY MONTH will be CPK night for Mother to Mother. Another opportunity for you and the family to go out for pizza and support Mother to Mother at the same time! All day long you can dine in or take out at the West County Mall or Galleria Mall California Pizza Kitchen and 20% of your check will be donated to Mother to Mother.

Just remember to bring in the FLYER and present it to your server. The flyer will be available via email and on the Mother to Mother website prior to the next event.

If you have any questions contact Kelly Caul at kkcaul@yahoo.com or 314-952-3199

Kellie Flacke, EScrip

Schnucks Shoppers, Support Mother to Mother! Pick up a Schnucks eScrip Community Card at Schnucks today! Schnucks will contribute up to 3% of your purchases to our organization every time you shop and swipe your card. Register your card by calling 800.931.6258 or visit www.escrip.com/schnucks.jsp.

Thank you all for your continued support! See you next month!

Linda and Stephanie

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