

Mother to Mother BiWeekly Newsletter 7-30-2010

Linda Meyer, Executive Director

The Walk

15 days left! Thanks to all walkers and those of you who have contributed to this fundraiser! We are the #1 team! We have raised \$1600 and are on our way to our goal of \$5000! Our team is 8 members strong! Many of our team members will be bringing their family members to walk with them, so we are expecting a team size of about 25. There is still time to help us meet our goal and raise awareness of our services. Go to www.thewalkstl.org

Important! For those of you that are walking, please send Kathy Jessen kjessen@artsci.wustl.edu an email with your shirt sizes and those walking with you, by August 3rd. All shirts are adult sizes S-XL.

Trivia Night

Geralyn and the Trivia Night committee are doing a great job gathering auction items and preparing for a great event! We have 6 tables reserved so far. Our discounted table price is \$100 if you reserve by August 1st. That's this Sunday! Please email me linda@mothertomothersupport.org by August 1st if you want a discount! Please visit www.mothertomothersupport.org to download flyer and reservation form to mail in with your payment.

Facebook

We currently have 67 Facebook fans! Our page was created on June 30 and we have been posting links to the walk, Trivia Night and to our MtM video. If you're on Facebook come join us! You can do a search of Mother to Mother Maplewood, MO or send a friend request to me, Linda Ludwig Meyer and I will connect you.

Great Reading!

Life Will Never be the Same: The Real Moms Postpartum Survival Guide, has arrived! Written by Dr. Diane Sanford, our Clinical Advisor! More information on any of the links below.

Facebook: www.facebook.com/pages/realmomexperts

Follow us on Twitter: www.twitter.com/realmomexperts

Check out our blogs: anndunnewold.com

dianesanford.wordpress.com

And of course, you can order the book here: realmomexperts.com

The Walk for Depression

The **Walk for Depression on August 14** is sneaking up on us. I have only received one response about t-shirts needed for walkers. I originally said I would like the number and sizes by Aug 1st. However, I can get them done on time if I was to have the order in by Aug 4. **So... please email me, Kathy Jessen (kjessen@wustl.edu) the number and sizes of shirts you need by 9 p.m. Aug 3rd.** If you are unable to attend the walk, please consider sending out letters to family and friends who may be willing to donate to a team registered under MTM. Thanks so much. I am hoping to order **MANY** shirts!

Angela Borisch Staples, Director of Volunteers

Thank You!

Thank You to Jennifer Martin for another fantastic month of prenatal presentations at Progress West Hospital.

Volunteer Opportunities:

* 8/7/10 ~ 11a ~ Progress West Hospital prenatal presentation

* 8/7/10 ~ 3:15p ~ St. Anthony's Hospital prenatal presentation

* 8/14/10 ~ 8a-12p ~ man our informational table at The Walk in Tower Grove Park

- * 8/24/10 ~ 10:45a ~ Barnes Hospital prenatal presentation
- * 9/10/10 ~ afternoon and/or evening times ~ Trivia Night: set-up, registration, auction, tear-down, etc
- * On-going ~ market the eScrip program through MtM to encourage greater usage and build funds for the organization

If you are interested in facilitating prenatal presentations please let me know. We have a very user-friendly "talking points" guide to walk you through the process.

Angela ~ 636.220.9669 ~ ARBStaples@gmail.com

e-Script

Please don't forget to use your e-scrip card with all of your purchases. Thank you!

Trivia Night!

Come one! Come all! Support Mother to Mother at the grooviest of all Trivia Nights: **Friday, September 10, 2010** (6:45 p.m.-10:30 p.m.) Copy and paste the address below into your browser for the Mother to Mother web site which contains the flyer and reservation form:

<http://www.mothertomothersupport.org/>. We have also attached the flyer to this newsletter.

Trivia Night Liquor Raffle

The Trivia Night Committe is in need liquor and a wagon or some sort of wheeled cart. They willing to pick up any and all products and will take gift cards to buy liquor. To donate or help out in anyway, please call Shelley at (636) 391-8780 or (314) 313-6490.

Have a great week!

Stephanie and Linda

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