



## **Mother to Mother BiWeekly Newsletter 7-2-2010**

**Linda Meyer, Executive Director**

### **Board Meeting**

Our next board meeting will be Tuesday, July 13 @ 7 p.m. at the MtM office, 7225 Manchester Rd., FL2 Maplewood 63143. Please note the change from our regularly scheduled meetings on the second Monday of the month to Tuesday night. Blake Hildwein, coordinator of the St. Louis walk will be here from 7-7:15 p.m to give information on the walk. If you are not a board member, but want to learn more about this event and would like to attend his brief presentation, please email me [linda@mothertomothersupport.org](mailto:linda@mothertomothersupport.org)

### **The Walk**

We are gearing up for The 5K St. Louis Walk for Depression [www.thewalkstl.org](http://www.thewalkstl.org) on Saturday, August 14. We have two goals in mind; to raise awareness of MtM and the services we provide and to raise funds to support the work of MtM. I have spoken with several MtM volunteers who are excited to join our team and walk with us. Please help support us by walking, sponsoring a walker or our MtM team, collecting pledges or cheering us on! The money collected will go directly to MtM! Thanks for your support!

### **Trivia Night**

Save the Date! Please consider getting a group together and purchase a table at our 4th annual Trivia Night on September 10. Table cost are \$125 for a table of 8, but if you register by August 1, your table will be \$100! This is a really fun way to support MtM! Sometime next week a flyer will be coming and registration will be available on the website or by phone 314-644-7001. Please contact GERALYN Oldham regarding silent auction items [gao4801@charter.net](mailto:gao4801@charter.net)

Here are a few of the nights events:

Silent Auction  
50/50 Raffle  
Liquor Raffle  
Balloon Pop

Prizes for first and last place  
Prizes for the best dressed hippie chick and dude

### **Maplewood News**

The city of Maplewood sends out a newsletter to its residents and businesses by mail and email, every couple of months. In previous editions of the newsletter, Mayor White, has featured several nonprofits located in Maplewood. In February of this year, I wrote a letter to Mayor White about Mother to Mother and the services offered and asked him to be included in an upcoming edition. I promptly received a reply that he would be glad to include us in the summer edition. Information on MtM is the first bit of news in his column, unfortunately, they have an incorrect web address for MtM, but I have made them aware of the error. Here is a link to the latest newsletter The Maple Leaf: July/August 2010 Edition

### **Mother to Mother is now on Facebook**

A MtM Facebook page has been created by myself and volunteer Kristel McNorton. Kristel has recruited 11 new members since yesterday! If you have a Facebook account it would be great if you could support our cause. We are at the very beginning stages and are orchestrating content, so if anyone would like to write something such as an article, blog, or you have any creative ideas, please email me [linda@mothertomothersupport.org](mailto:linda@mothertomothersupport.org) We will use this media to promote any fundraising events and the services we offer. Thanks for your support!

### **International Visitors**

Angela and I met with four women from the International Visitors Leadership Program last Thursday. These women



were from China, Iraq, Tanzania, and Somalia and are leaders in their countries in the area of Women's Health. The women asked about our postpartum experiences and the services of Mother to Mother; they told us about what women experience in their countries and the methods for receiving help. They were all impressed with our services and had hopes of providing similar services to women in their countries.

#### **Vacation**

I will be out of town July 3-10, Angela Staples will be handling the phone line and matching volunteers. She can be reached by email [arbstaples@gmail.com](mailto:arbstaples@gmail.com) or by phone 314-304-0868.

#### **The Walk for Depression**

Please save the date for the Walk for Depression on **Saturday, August 14** from 8-2 p.m at Tower Grove Park. Our goal this year is \$5,000. You will have an opportunity to walk or sponsor a walker in support of Mother to Mother and the money we raise stays within our organization. We will send a separate email soon with information on our Mother to Mother team. We are looking forward to your support. <http://thewalkstl.org/>

#### **Angela Borisch Staples, Director of Volunteers**

#### **Thank You:**

- \* Lisa Steuer for facilitating a presentation at Barnes Hospital
- \* Our Trivia Night Committee for starting to plan another great event. If you would like to participate please let me know ASAP and I'll find the perfect job for you!

#### **Volunteer Opportunities:**

- \* 7/10/10 ~ 3:15p ~ St. Anthony's Hospital prenatal presentation
- \* 7/17/10 ~ 11a ~ Progress West prenatal presentation
- \* 7/19/10 ~ 7:15p ~ Progress West prenatal presentation

I sent out forms to our volunteers on file as an updated profile. If you did not receive one it's likely you moved to our "inactive" list and we would love to have you back. Please let me know if you would like one.

Angela ~ 636.220.9669 ~ [ARBStaples@gmail.com](mailto:ARBStaples@gmail.com)

#### **e-Script**

Please don't forget to use your e-scrip card with all of your purchases. Thank you!

#### **Save the Date!**

Event: **Fourth Annual "Mother" of All Trivia Nights**

Date: **September 10, 2010**

Place: **Kirkwood Community Center**

Details: **Silent Auction**

**50-50 Raffle**

**Booze Raffle**

**Balloon Pop**

**and much more!**

Have a great week!

Stephanie and Linda



Mother to Mother Telephone/Group Support  
7225 Manchester Road, Floor 2  
Maplewood, MO 63143  
(314) 644-7001  
Toll-free 1-877-644-7001  
website: <http://www.mothertomothersupport.org>