



Mother to Mother
Postpartum and Pregnancy Telephone Support

Mother to Mother BiWeekly Newsletter 4-16-2010

Mother's Day Event!

Get Your Tickets Today!!! The deadline for ticket sales is Wednesday, April 21st!

**Saturday
April 24, 2010**



Celebrating Motherhood

Benefit Luncheon & Silent Auction

Saturday, April 24, 2010

- ❖ Featuring Dr. Diane Sanford speaking on Celebrating Motherhood: The Journey of a Lifetime!
- ❖ \$50 per person
- ❖ Silent auction begins at 11:00 a.m.
- ❖ Lunch served at 12:15 p.m.
- ❖ **Squires Restaurant**
Historic Lafayette Square
1415 South 18th Street
St. Louis, Missouri 63104

Mother to Mother

Mother to Mother is a nonprofit organization that provides free telephone and group support to women experiencing postpartum adjustment disorder (PPAD). Mother to Mother is the only service of its kind in the St. Louis area serving women since 1995.

To learn more about the organization, call (314) 644-7001 or (877) 644-7001, or visit our website at www.mothersupport.org

Sponsored by



Mother to Mother

(314) 644-7001/1-877-644-7001
7225 Manchester Road, Floor 2
Maplewood, Missouri 63143
www.mothersupport.org



Mother's Day Event Silent Auction

This year's benefit luncheon is bound to be exciting with an assortment of fantastic auction items. You don't want to miss out on the opportunity to win these items - keep them for yourself or gift them to others! We have jewelry, artwork, items for women, men and children. There is literally something for everyone!

* Live Auction: A fabulous weekend at the Lake of the Ozarks!

* Cardinals tickets - first base field box!

* A basket for the biggest Twilight fan of them all!

* Pella Window discount

Linda Meyer, Executive Director

Board Meeting

Our April board meeting has been rescheduled for Monday, April 19 at 7 p.m., the location will be the MtM office in Maplewood.

Mother's Day Event

Our luncheon is fast approaching, scheduled for next Saturday, April 24 @ 11 a.m., What's included? A wonderful lunch, silent auction items, dessert auction, raffles, Dr. Sanford as a guest speaker and a debut of our new MtM video! Dr. Sanford just published her newest book "Life Will Never be the Same: The Real Moms Postpartum Survival Guide". It will be available for the first time ever next week at our luncheon for \$16.95 and 20% of sales from the book will go to Mother to Mother. This event would not be possible without our committee members, they have worked many hours to make this a successful event! A BIG THANK YOU to everyone that has had a hand in pulling it all together. I look forward to seeing you there!

Baby and Kid Expo

Mother to Mother displayed a resource table last weekend at this well attended this event at the St. Charles Convention Center. We spoke to many moms and did some networking with other baby/mommy related companies along the way! Kellie and I had a mom come to the table especially looking for us, she told us of her struggles and was very interested in our services. Angela also had a teary-eyed woman approach her near the end of the event to talk about her difficulties. Overall, it is one of the best events for us to show our colors!

New Phone Volunteers

Welcome to our newly trained phone volunteers! Mindy Lofton and Kristel McNorton completed training with Darcy a couple of weeks ago. We look forward to working with you! Darcy has expanded the phone volunteer training with the addition of a "Train the Trainer" program. The exciting news is that we have two of our very first telephone volunteers debuting as trainers, Patti Hoffman and Gina Tretter. These two women have been instrumental in the growth of Mother to Mother.

Pregnant and Parenting Teens

I spoke to a group of teen moms in the Ft. Zumwalt School District on Thursday, I have been doing this on a regular basis and will resume again in the Fall. There are many occurrences of anxiety and depression after these teens deliver. Many of them have a history of depression, anxiety, abuse or lack of support. They feel good about sharing their struggles with people who understand.

Mother's Day

Please call or email me with your pregnancy or postpartum stories that I may share in May 7th newsletter. I know you moms are out there!

Angela Borisch Staples, Director of Volunteers

Thank You:

* Luncheon Committee Members for a great afternoon assembling baskets. If you didn't have an opportunity to come and assemble you need to make it to the luncheon and see these great items!

* Kellie Flacke and GERALYN Oldham for prenatal presentations and helping soon-to-be parents learn of our services.

* Kellie Flacke and Linda Meyer for manning our table at the Baby Kid Expo - a free event to current, new and soon-to-be parents in our area.

Volunteer Opportunities:

4/24/10 ~ 9:30-3p ~ Celebrating Motherhood Benefit Luncheon

5/1/10 ~ 3:15p ~ St. Anthony's Hospital prenatal presentation

5/4/10 ~ 10:45a ~ Barnes Hospital prenatal presentation

5/13/10 ~ 7:15p ~ St. Anthony's prenatal presentation

5/15/10 ~ 11a ~ Progress West prenatal presentation

5/17/10 ~ 7:15p ~ Progress West prenatal presentation

** If you have ever considered facilitating a prenatal presentation at one of the hospitals now is your chance. You will be provided with a guideline of "talking points" to make the presentation as easy as possible. **

Angela Borisch Staples ~ ARBStaples@gmail.com ~ 636.220.9669

e-Script

Springtime means backyard barbecuing! Don't forget your e-scrip card while making your purchases at Schnucks and other participating locations! We need the support. If you don't already have an e-scrip card, please contact Kellie Flacke at kelliel777@yahoo.com include your name and address and an activated card can be sent to you!

Have a great week!

Stephanie and Linda

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website:<http://www.mothersupport.org>

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