



**Mother to Mother**  
Postpartum and Pregnancy Telephone Support

## Mother to Mother BiWeekly Newsletter 4-2-2010

### Mother's Day Event!

**Saturday**  
**April 24, 2010**



## Celebrating Motherhood

### Benefit Luncheon & Silent Auction

**Saturday, April 24, 2010**

- ❖ Featuring Dr. Diane Sanford speaking on Celebrating Motherhood: The Journey of a Lifetime!
- ❖ \$50 per person
- ❖ Silent auction begins at 11:00 a.m.
- ❖ Lunch served at 12:15 p.m.
- ❖ **Squires Restaurant**  
Historic Lafayette Square  
1415 South 18<sup>th</sup> Street  
St. Louis, Missouri 63104

### Mother to Mother

Mother to Mother is a nonprofit organization that provides free telephone and group support to women experiencing postpartum adjustment disorder (PPAD). Mother to Mother is the only service of its kind in the St. Louis area serving women since 1995.

To learn more about the organization, call (314) 644-7001 or (877) 644-7001, or visit our website at [www.mothersupport.org](http://www.mothersupport.org)

*Sponsored by*



Mother to Mother

(314) 644-7001/1-877-644-7001  
7225 Manchester Road, Floor 2  
Maplewood, Missouri 63143  
[www.mothersupport.org](http://www.mothersupport.org)



## **Mother's Day Event Silent Auction**

### **Silent Auction Committee**

We will be assembling gift baskets at Geralyn's this Saturday, April 3 from 10 am to 1 pm. The location is 4801 Sunnyview Drive, St. Louis 63128. Please call 314-894-0745 or email [gao4801@charter.net](mailto:gao4801@charter.net) if you would like to help. We can always use the extra hands, food will be provided!

If you cannot get your basket items to me before Saturday, please call me and I will arrange to pick them up or meet you somewhere;

The cake committee is still in need of donations. Please call Melissa at 314-581-1281, if you would be willing to make a donation.

Thank You!

Geralyn

### **Linda Meyer, Executive Director**

### **Board Meeting**

Our next meeting is scheduled for Monday, April 12 @ 7 p.m. @ the MtM office 7225 Manchester FL2, Maplewood 63143.

### **MOTHERS Act Passed!**

I have heard from quite a few of you that you are excited about recent passage of the MOTHERS Act, I am not sure when it will fall into place, but at this time Mother to Mother is the only organization offering volunteer support services in Missouri for PPD. Please follow the Postpartum Support International link to learn more about this important national legislation. <http://postpartum.net/News-and-Events/Legislation.aspx>

### **Upcoming Resource Fairs**

In addition to speaking at prenatal classes, one of the best methods of getting the word out about Mother to Mother is by attending volunteer fairs, health fairs, and baby fairs. Not only do we distribute educational information, but we can give families a better idea of what we have to offer with a face to face conversation, and potential volunteers can learn of opportunities within the organization. Below is a rundown of recently attended and upcoming fairs:

3/29 Columbia College Volunteer Fair

3/31 Macy's Credit and Customer Services, Fourth Annual Women's Fair

4/10 Baby and Kid Expo at the St. Charles Convention Center

4/20 St. Charles Community Council Volunteer Fair at St. Charles Community College

5/2 Anderson Hospital Baby Fair at the Gateway Center in Collinsville, IL

8/14 Mental Health Expo at "The Walk for Depression" located in Tower Grove Park

### **Mother's Day Stories**

In keeping with tradition of our Mother's Day Newsletter on May 8th, I am asking moms to share their stories of pregnancy and postpartum adjustment, especially, if Mother to Mother was key in their recovery. If you are willing to submit a story please email [linda@mothertomothersupport.org](mailto:linda@mothertomothersupport.org) or call me 314-644-7001. Thanks for your help!

### **Support Group**

Our next meeting is Friday, April 9 @ 11:00 a.m. at Women's Healthcare Partnership in Creve Coeur. For the past two years we have had a consistent number of moms in attendance, some come a couple of times, others continue to come even after recovery to help others.

### **Angela Borisch Staples, Director of Volunteers**

### **Thank you!**

Thank You to Kellie Flacke for attending the MCCS Women's Fair that Linda previously mentioned. What a fantastic way to get the word out about our services!

### **Volunteer Opportunities:**

- \* Saturday 4/24 ~ morning and afternoon ~ Celebrating Motherhood Luncheon. Your help is greatly needed throughout the day! Please consider joining us.
- \* Thursday 4/8 ~ 1:45pm ~ Barnes Hospital prenatal presentation
- \* Thursday 4/8 ~ 7:15pm ~ St. Anthony's Hospital prenatal presentation
- \* Saturday 4/10 ~ 9-11a, 11-2p, 2-4p ~ Baby Kid Expo at the St. Charles Convention Center (this event is very busy)
- \* Saturday 4/10 ~ 3:15p ~ St. Anthony's Hospital prenatal presentation
- \* Tuesday 4/20 ~ 2-4:30p, 4:30-7p ~ Volunteer Fair at St. Charles Community College

Again, your help would be greatly appreciated for the Luncheon. At this point we need assistance setting up the event, registering guests, helping with the auctions, etc. It is sure to be both a busy and exciting day!  
Angela ~ 636.220.9669 ~ [ARBStaples@gmail.com](mailto:ARBStaples@gmail.com)

### **e-Script**

Please remember to use your e-scrip cards every time you shop at Schnucks and other participating stores. For more information on the program or how to enroll. Please contact Kellie Flacke at [kelliel777@yahoo.com](mailto:kelliel777@yahoo.com). Thank you for your support!

Have a great week!

Stephanie and Linda

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