



Mother to Mother BiWeekly Newsletter 3-5-2010

Mother's Day Event!

Saturday
April 24, 2010



Celebrating Motherhood

Benefit Luncheon & Silent Auction



Our Annual Benefit Luncheon will feature Dr. Diane Sanford speaking on *Celebrating Motherhood: The Journey of a Lifetime!*

Various items from area merchants will be available to bid on at the silent auction. All proceeds to benefit Mother to Mother. For additional information & to purchase tickets contact Linda Meyer at 314-644-7001 or visit website at www.mothersupport.org.

- ❖ \$50 per person
- ❖ Silent auction begins at 11:00 a.m.
- ❖ Lunch served at 12:15 p.m.
- ❖ Visit website for menu selection & registration form
- ❖ **Squires Restaurant**
Historic Lafayette Square
1415 South 18th Street
St. Louis, Missouri 63104

Mother to Mother

Mother to Mother is a nonprofit organization that provides free telephone and group support to women experiencing postpartum adjustment disorder (PPAD). Mother to Mother is the only service of its kind in the St. Louis area serving women since 1995.

To learn more about the organization, call (314) 644-7001 or (877) 644-7001, or visit our website at www.mothersupport.org

Mother's Day Event Silent Auction

We are in need of donations for our luncheon on April 24th. If anyone has an item to give or needs ideas on what to give please contact Kellie Flacke at 314-518-1779 or kelliel777@yahoo.com. Thank you!

Linda Meyer, Executive Director

Board Meeting

Our next board meeting will be held this coming Monday, March 8 @ 7 p.m. The meetings are held at the MtM office, 7225 Manchester Road FL 2, Maplewood, MO 63143.

Celebrating Motherhood

Our luncheon preparations seem to be going very well and we are getting some great auction items. We have the event flyer posted on our website along with a registration form that can be filled out and sent with a check payable to the Mother to Mother. Tickets are \$50 a person, get your family and friends together to celebrate moms! Please visit the website www.mothersupport.org

The Walk

I attended a preview meeting for "The Walk" for Depression Awareness to be held on Saturday, August 14, 2010. You may remember that we participated in this walk last year and raised \$1,400 in two weeks. We plan to get an earlier start this year with a goal of \$5,000. This walk is five miles through Tower Grove Park, a free family oriented event that supports local area mental health organizations. The funds we raise will stay within our organization and we will raise awareness of services provided by Mother to Mother. A mental health expo is planned from 8-12, we plan to have a resource table at the event. This year's walk will be larger than last year and is sponsored by Family Mental Health Collaborative. The Walk website www.thewalkstl.org will be up and running mid March and online registration begins on April 5. I hope you will join us in our endeavors by walking with us or sponsoring one of our walkers. More information to come!

Seeking Postpartum Help

An interesting article in the Chicago Tribune concerning moms seeking help for postpartum depression <http://www.chicagotribune.com/news/local/ct-x-0212-balance-column-20100212,0,7858582,full.story>

Angela Borisch Staples, Director of Volunteers

Thank You!

Thank you Kellie Flacke for a prenatal class. These are so important to let soon-to-be parents know of our services.

Volunteer Opportunities:

~ 3/9/10 ~ 10:45a ~ Barnes Hospital prenatal presentation

~ 4/24/10 ~ Mother's Day Event (need help all day!)

~ 5/2/10 ~ 1-4p ~ Anderson Hospital outreach (manning a table)

Angela ~ ARBStaples@gmail.com ~ 636.220.9669

~Webmaster Needed: Our current webmaster will be having another baby soon, and needs to lighten her load. Managing the website is a light load, interesting, and full of creative opportunities for someone who knows HTML or is comfortable developing websites. If you're interested, please email Ann Book at ann@adbook.net for more details.

Have a great week!

Darcy and Linda

Mother to Mother Telephone/Group Support

7225 Manchester Road, Floor 2

Maplewood, MO 63143

(314) 644-7001

Toll-free 1-877-644-7001

website:<http://www.mothersupport.org>

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