



Mother to Mother BiWeekly Newsletter 1-22-2010

Linda Meyer, Executive Director

Teen Parents

Volunteer Susan Sullivan and I visited three Fort Zumwalt High Schools on January 12,13,& 14. The school district provides a parent educator to meet with groups of pregnant and parenting teens each week, in these groups the teens are educated in pregnancy and parenting related issues. We had a good mixture of teens that attended our talks on postpartum adjustment and MtM, some were pregnant, some had delivered their babies, and some were teen couples. I thank Susan, she did a wonderful job in relating to these teens when she shared her personal experience with PPD as a teen mom. There was a teen who told us of her depression during pregnancy that continued postpartum, her baby was born 13 weeks ago. Overall, it was a good experience!

Phone Volunteers

I think that all of our phone volunteers are special, but I want to send a special thank you to Diane Stubblefield for her outstanding support of a mom that is having an extremely tough time.

MtM-A Valuable Service

While in the office this week I had a call from a new mom who has several other children;her Pediatrician did a screen on her and told her she more than likely was suffering from PPD. Her husband lost his job months ago and they are expecting to lose their home. She thanked me for listening and said it felt good to share without the fear of thinking she was crazy or how much it would cost. I can't begin to imagine what it would be like to deal with those unfortunate situations on top of suffering from PPD. I am glad we are here!

Greenraising

We have received a total of \$100 from products purchased at greenraising.com We recently directed folks to purchase eco-friendly products and help MtM at the same time. We get 25% of the purchase! Be sure to check it out, thanks to those of you that have previously purchased products.

Dollars Making a Difference

National City Bank will be visiting our office on Monday, January 25 to discuss our participation as a nonprofit organization in "Dollars Making a Difference" contest. We will submit an essay on what we would do with winnings of \$25,000. I believe the general public will get to vote. More details to come after our meeting.

Angela Borisch Staples, Director of Volunteers

Welcome!

Welcome to our newest volunteer as a book keeper - Lori Judy!

Volunteer Opportunities:

- ~ 2/11/10 ~ 7:15pm ~ St. Anthony's Hospital prenatal presentation
- ~ 2/20/10 ~ 11am ~ Progress West Hospital prenatal presentation
- ~ Assist with the planning of the Mother's Day Event on various committees

Please contact me with questions, comments or to help with any volunteer opportunities - ARBStaples@gmail.com or 636.220.9669.

E-Scrip

Let's make this year more successful with e-scrip. Solicit family and friends to join!! It's free, it's easy, and it helps a great cause! Contact Kellie at kelliel777@yahoo.com for more information.

Greenraising

Mother to Mother will be participating in a really great fundraiser called Greenraising. It is a great way to both make money for Mother to Mother and to make a positive impact on our world! Greenraising sells a large variety of eco-friendly products and 25% of the sales go straight to Mother to Mother.

The attached documents contain the information on how to access the website and make purchases so that it benefits Mother to Mother.

Then SPREAD THE WORD! It would be great if you could use the information letter as a template to email out to your friends and family. The more people we let know about this great opportunity, the more it will benefit Mother to Mother! If you have any questions please dont hesitate to contact me. Thanks everyone!

Kelly Caul
Board Member
kkcaul@yahoo.com

Have a great week!

Darcy and Linda

Mother to Mother Telephone/Group Support
7225 Manchester Road, Floor 2
Maplewood, MO 63143
(314) 644-7001
Toll-free 1-877-644-7001
website:<http://www.mothersupport.org>

If you would like to unsubscribe from this newsletter or add your email to the recipient list, go to <http://www.mothersupport.org/email.html>