



## **Mother to Mother BiWeekly Newsletter 1-8-2010**

**Linda Meyer, Executive Director**

Happy New Year to all! Please email me if you would like me to include any information or stories relating to postpartum adjustment disorders in upcoming newsletters.

### **January Board Meeting**

Our first meeting of 2010 is scheduled for this coming Monday, January 11th at 7 p.m. at the MtM office.

### **Mother's Act**

The Mothers Act passes the Senate version of the Healthcare reform! As the bill get closer to final passage in Congress, Mother to Mother, a community-based organization that supports women with postpartum depression more than likely will benefit from final passage in Congress. The language of the bill includes support, education, and research for postpartum depression. Please visit the Postpartum Support International [www.postpartum.net](http://www.postpartum.net) home page and click on legislative updates to get recently updated information about the Mothers act. Thanks to those of you that have signed the petition in Missouri.

### **Missouri Foundation for Health**

This week we submitted an application for a basic support grant. The funding decisions will be made in March. Thanks to Stephanie and Hollie for help with submission!

**Angela Borisch Staples, Director of Volunteers**

Happy 2010 to all our fantastic volunteers! Thank you for the work done over the course of last year.

### **Volunteer Opportunities:**

These are completely last minute, but if you're available, I can really use your help!!

~ Saturday, 1/9/10, 11am ~ Progress West Prenatal Class (10 minute presentation on PPAD, including your experiences)

~ Sunday, 1/10/10, 3:15pm ~ St. Anthony's Prenatal Class (10 minute presentation on PPAD, including your experiences)

~ Saturday, 1/16/10, 3:15pm ~ St. Anthony's Prenatal Class (10 minute presentation on PPAD, including your experiences)

Please let me know of your availability by either email ([ARBStaples@gmail.com](mailto:ARBStaples@gmail.com)) or phone (636) 220-9669.

### **E-Scrip**

We know it's cold outside! While your rushing out, don't forget to bring your e-scrip card when your out shopping! Start the new year off right by giving back to Mother to Mother. Thanks!

### **Greenraising**

Mother to Mother will be participating in a really great fundraiser called Greenraising. It is a great way

to both make money for Mother to Mother and to make a positive impact on our world! Greenraising sells a large variety of eco-friendly products and 25% of the sales go straight to Mother to Mother.

The attached documents contain the information on how to access the website and make purchases so that it benefits Mother to Mother.

Then SPREAD THE WORD! It would be great if you could use the information letter as a template to email out to your friends and family. The more people we let know about this great opportunity, the more it will benefit Mother to Mother! If you have any questions please dont hesitate to contact me. Thanks everyone!

Kelly Caul  
Board Member  
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Have a great week!

Darcy and Linda

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